**Intro Solo Devo**

Why am I here?

Why should I be here?

If the answers to the first two questions are not the same, what do I need to do to put myself in the right place/frame of mind for a spiritual retreat weekend?

Our theme this weekend is based around love (it is Valentine’s weekend…), what is Love? How do I feel love? How do I express love?

Think of, or find examples from the Bible where people showed, felt or expressed love for another person or towards God.